



BRITISH ROWING INDOOR CHAMPIONSHIPS 10TH DECEMBER 2016

TERMS AND CONDITIONS OF ENTRY

Definitions

1. Race Sheet/Card: A document sent to all competitors prior to the event, that states their name, warm up time, weigh in time (if applicable) and race time.
2. Membership Discount: A 10% discount that all British Rowing members are eligible for. Members must be current British Rowing members with a British Rowing membership number.
3. Previous Competitor: Anyone who competed at the British Rowing Indoor Championships in February 2015 or December 2016.

General

1. By entering this competition, a competitor agrees to be bound by all Terms and Conditions of Entry. Further rules may apply & will be published on the event website prior to the event.
2. By entering this competition you are agreeing to abide by the Articles of Association and Rules of British Rowing. These can be found [here](#).
3. By entering a relay team the captain (person entering the team) agrees to sign the event waiver on behalf of all 4 relay team members and will ensure they have read the event terms and conditions.
4. Any reference to 'we', 'us' or 'our' refers to British Rowing Limited a Company Limited by Guarantee registered in England number 1706271.

Racing

5. Individual events are offered as follows:
Men's & Women's, further sub-divided into Under 23, Open, Lightweight and Masters (aged 30 – 100+) age categories, racing will take place over 2000m & 500m for these categories.
6. Adaptive events are also offered & will race over 1000m.
7. Junior categories offered will be raced as follows:
Year 7: 2 minutes
Year 8: 3 minutes
Year 9: 4 minutes
Year 10: 5 minutes
Year 11: 6 minutes
Sixth form: 2000m
8. Team Relays will consist of one round of 4km (8 minutes for juniors), teams are to be made up of four people. The following relay categories will be offered;
 - a. Junior Men's/Women's/Mixed - Junior teams can be made up of a mix of juniors from Year 7 to Sixth Form.
 - b. Men's/Women's/Mixed - Adult teams can be made up of adults of any age / weight categories.
 - c. Adaptive – Adaptive teams can be made up of any combination of adaptive athletes.

Note: A mixed team may be made up of any combination of male and female

9. It is expected that racing will be scheduled in the following order;
Masters Individual Events



Junior individual Events
Open Individual Events
U23 Individual Events
Adaptive Events
Relay

Note: We reserve the right to change the order of racing at any time.

10. All events will be straight finals, i.e. each competitor will only row once. Due to entry numbers some events may be spread over more than one heat. The times from all heats for a single event will be combined to give an overall ranking. We will attempt to seed the fastest competitors of each event to be in the last race for each event. To enable this process competitors are required to submit their expected finishing time or expected distance (Juniors Year 7 – 11) for each event when entering.
11. Gold, silver & bronze British Rowing Indoor Championships (BRIC) medals will be awarded for first, second and third placed individuals following the final heat of their event. Should there be less than three entrants in an event a medal will not be awarded. For Masters events these entries will be combined with the adjacent younger category and medals will be awarded accordingly.
12. If a competitor misses their race for whatever reason they will be able to race in a later race if a place is available, but will not be eligible to win a medal.
13. No competitor will be allowed to change event on the day of racing. This includes lightweight competitors who do not make their weight (see point 40).
14. The racing schedule will be uploaded onto BRIC website after the entries closing date. Any errors should be notified as soon as possible before race day (see point 17 & 18).
15. Concept2 Indoor Rowers will be used. Competitors may use the resistance level of their choice, but this cannot be changed during the race.

Entries

16. BRIC is open to all with no qualification requirements. This is with the exception of adaptive competitors (see point 41).
17. Entries must be made through the official BRIC website.
18. Competitors from outside the United Kingdom may enter.
19. Entries into BRIC will close at 12 (noon) on Wednesday 30th November 2016. No entries will be accepted after this time.
20. It is the competitors responsibility to ensure all entry details are correct;
 - d. If an error is discovered prior to entries closing all reasonable efforts will be made to rectify this error, however this is not guaranteed.
 - e. If an error is discovered on race day that renders the competitor ineligible to row in the category in which they had been entered that competitor will not be able to race.
21. If an error is made during the entry process that is our fault then we will attempt to make all reasonable efforts to rectify this error wherever possible.
22. All details specified on the entry form are required for a valid entry. To avoid any disappointment, and in order to allow us to clarify any entry details please ensure you include a mobile number. Incomplete entries will not be accepted as a valid entry.
23. All competitors must print and bring their Race Sheet / Card to enter the venue on the day of the event. Entry will not be possible without this. For the avoidance of doubt, a copy on a phone or iPad or other electronic device is not acceptable.
24. A team entry is considered to be 10 or more juniors / students and/or adults. Teams of less than 10 people will not receive the discount. The team discount does not apply to relay teams entered as part of a team and / or spectator tickets.



25. The British Rowing Membership discount does not apply to relay teams and / or spectator tickets.
26. The Previous Competitors discount is only available for previous competitors who enter prior to 1st October 2016 and does not apply to relays or spectator tickets.
27. Teams must appoint a team representative / liaison to deal with all team related communication and organisation on the event day.
28. The student entry price is open to 'internal' students, registered at a university or college, and following a full-time or part-time course of study recognised by that institution. Students must bring their student ID with them on the event day.
 - a. If an entrant has paid student entry fee and fails to provide a valid student ID, they will be charged the difference in price for a full price entry fee applicable on the competition day.
 - b. Any entrant who fails to produce a valid student ID and does not pay the additional entrance fee will not be permitted to race and no refund of entrance fee will be payable.
29. Entry fees are non-refundable after the closing date. Withdrawals before the closing date will receive a 75% refund.
30. Any changes made to team bookings once received by us will incur a £10 administration fee. This will be applied at our discretion.
31. We reserve the right to limit the size of entry into any given event, or for the competition as a whole.
32. Our decision is final. No correspondence will be entered into.

Junior Rowers

33. All junior competitors must be 11 years of age or older on 1st September 2016.
34. Further age banding is as follows:
 - School Year 7 = under 12 on September 1st 2016
 - School Year 8 = under 13 on September 1st 2016
 - School Year 9 = under 14 on September 1st 2016
 - School Year 10 = under 15 on September 1st 2016
 - School Year 11 = under 16 on September 1st 2016
 - Sixth Form = under 18 on September 1st 2016
35. All juniors must have a responsible adult in charge of them at all times while in the competition venue. This may be a coach, parent or caregiver.
36. All junior competitors entered as an individual will be given one extra wrist band to allow access for their responsible adult to all areas of the venue, this however may exclude the race floor.
37. All teams who have junior competitors in them will be given 1 extra wrist band per 5 junior competitors for a responsible adults to access all areas of the venue, this however may exclude the race floor.

Masters Rowers

38. A competitor's 'age' is the age of the competitor on race day.
39. The Masters events will have the following age categories; 30-39, 40-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

Lightweight Rowers

40. Lightweight events will be offered in the U23, Open and Masters Events only. Any competitors under the age of 18 may not enter lightweight events.



41. The Lightweight limit is not more than 75 kg for men and not more than 61.5 kg for women.
42. Lightweight competitors will be weighed at the lightweight weigh-in not less than 1 hour and not more than 2 hours before their event. Lightweight competitors who do not make their weight will be able to race. However their time will be listed at the bottom of the event they entered, and they will not be placed. Their time may however be included in the Concept2 Ranking, as a heavyweight time.

Adaptive Rowers

43. All physical, visual or learning disability rowers entering the Adaptive events must go through the appropriate process for their disability prior to entries closing at 12 (noon) on Wednesday 30th November.
44. In order to enter adaptive rowers must follow one of two processes. Either:
 - a. Go through the following classification process;
 - i. Register their interest by emailing indoorchamps@britishrowing.org and receive information on either the times and locations of classification opportunities for physical disability classification, or the process required for visual and learning disability classification.
 - ii. The physical disability (PD) classification process will be performed by two classifiers, one medical and one technical. The rower will be required to complete a British Rowing Adaptive Rower Consent Form together with a Declaration of Medical Conditions that may require Emergency Procedures. A signed letter or documentation from a medical doctor will be required providing a clear medical diagnosis.
 - iii. The classifiers will assess the rowers functional ability through a medical evaluation and a technical evaluation on a rowing machine and/or water
 - iv. At the end of classification the rower will be given one of three outcomes;
 - 1) Awarded a Sports Class (AS, TA, LTA-PD, LTA-VI)
 - 2) Allocated a Rowability Grouping (RUS, RFS, RSS-PD, RSS-LD)
 - 3) Ineligible for either a Sport Class or Rowability Grouping as they do not meet the minimum criteria.
 - b. **OR** Submit a self-declaration form to be eligible to enter the Rowability Open category
 - i. The Rowability Open category is only for rowers who would like to compete in an Adaptive event but are not eligible for either a Sport Class or Rowability grouping. To enter into this category and fill out a Self-Declaration form please contact indoorchamps@britishrowing.org.

Important Medical Recommendation

If on race day you feel unwell, have recently been suffering from a virus or are on medication for acute illness. We recommend that you do not race. Indoor rowing racing requires maximal effort and we take no responsibility for illness or injury caused as a consequence. If you have any doubts you should seek medical advice prior to racing.

Waiver

Entry into BRIC confirms that you understand that participation in the event involves risks of bodily injury, including stroke, paralysis, heart attack and death, as well as loss or damage to property. Your decision to participate or to enter a junior participant in the event is made by you in full recognition of these risks and is entirely voluntary. You understand that all junior



participants must be entered and accompanied by a responsible adult at all times during the competition. In consideration of your acceptance of the entry form, you agree that you, your executors and administrators assign to hold harmless British Rowing Ltd. British Rowing's partners, their respective directors, officers, employees, representatives, agent successors and assigns from all ability on account of injury, loss, claim, or damage to your health, wellbeing or property on account of your participation in the event. In addition, you hereby give permission to British Rowing, their partners, representatives, employees, stakeholders and agents to take photographs, publically display the name and race data of you or the junior competitor you are entering during the event. In addition, you give permission for data to be collated, analysed and for the results of that analysis to be publically displayed – whether that is data relating to you or the junior competitor you are entering. I hereby release claim to such photographs, video footage and race data for promotional purposes and analysis in the future.

Jurisdiction

These Terms and Conditions shall be governed by and construed in accordance with the laws of England and Wales and any disputes arising hereunder shall be subject to the exclusive jurisdiction of the courts of England and Wales.